## **What to Pack for the Weekend Training Camp!**

CAMPING ITEMS:	<u>CLOTHING ITEMS:</u>
Flashlight!	Multiple Tshirts - in case you get dirty
Sleeping Bag or Blankets & a Pillow	Shorts & Long Pants - weather can change
Sunscreen & Bug Spray	Jacket - in case it gets cold
Comfortable Walking Shoes *Closed toe shoes for Horseback Riding*	Dobok & Belt  *If possible, bring an extra dobok that can get dirty
Wire Hangers for Roasting Marshmallows	Clothes to sleep in (shorts & tshirts) - cabins may be mixed
Maybe an extra blanket (great for movies)	Tennis Shoes & Socks
Camp Chair to sit and watch training and/or movie	
	MISCELLANEOUS ITEMS:
TOILETRIES:	Money for dinner on Friday & lunch on Sunday
Toothpaste & Toothbrush	Extra Snacks (optional)
Deodorant/Shampoo/Soap!	Necessary Medications
Washcloth & Towels	Baseball Gloves & Bats for Game on Saturday (optional)
	Cup for "to go" drinks from Dining Hall
	*you will need a drink for Movie Time

Come to the Dining Hall to check in - you will receive your camp shirts & cabin assignments

Dinner will not be served Friday night. Please eat dinner before arriving to camp